

# Festive Healthy Living

an ADI Telehealth Session



**Monday, December 7, 2015**

**1:15 to 2:45 pm**

**Attend by Telehealth or Teleconference**

- **To attend by Telehealth: Pre-register as Soon as possible with the MBTelehealth Facilitator in your community, or call 1-866-667-9891**
- **To attend by Teleconference: On the day of the event, Dial 1-877-413-4781 and use Conference ID Code: 8522464**